



Connecting With Nature

For... Anyone 18+ resident in Torbay, who identifies as LGBTQ+ and experiences mental health difficulties

To... Take part in meaningful activities involving nature and the outdoors, learn new skills and meet new people

When... 6 sessions, Weds 6.30-8.30pm July-Aug

Where... Goodrington, Paignton

How... For more info and to express your interest, contact us by email on otbcommunity@outlook.com



@otb_community



@outsidetheboxcommunity



@outsidethebox_uk

