

Recovery Devon Objects

The objects of the Company are to carry on activities which benefit the community and in particular (without limitation) to

- 1 Promote the philosophy of Recovery and the practice of Recovery oriented approaches to mental health and wellbeing, where:
 - 1.1 Recovery has been defined by W. A. Anthony as:
‘a deeply personal, unique process of changing one’s attitudes, values, feelings, goals, skills and roles, a way of living a satisfying, hopeful and contributing life, even with the limitations caused by illness, and the development of new meaning and purpose in one’s life as one grows beyond the catastrophic effects of mental illness’, and
 - 1.2 Recovery oriented approaches are as described in [‘Putting Recovery at the heart of all we do’](#), Devon Partnership NHS Trust, 2008.
- 2 Engage in activities supporting Object 1, including collaborations with other people and organisations, across a range of cultures, as appropriate, which:
 - 2.1 promote more equal, respectful relationships between people with experience of mental health issues; their families, friends and supporters; and practitioners in health, social care and community organisations, recognising that recovery is an ongoing healing journey of discovery for all involved, and
 - 2.2 provide information and opportunities for learning about Recovery and wellbeing, and/or
 - 2.3 promote Recovery and wellbeing oriented services and activities, and/or
 - 2.4 oppose stigma and discrimination around mental health issues.
- 3 Seek members and supporters who endorse and promote Objects 1 and 2, including in particular (without limitation),
 - 3.1 people with direct experience of mental health issues, and
 - 3.2 their families, friends and supporters, and
 - 3.3 practitioners in health, social care and community organizations, and
 - 3.4 members of the public who support these aims.