Connecting Minds

Join us at an event near you...

This invitation is for anyone living with a mental health problem to come along to one of our Connecting Minds events to meet others and talk about how you can influence local decisions affecting mental health services, change attitudes and find out about getting involved in projects in your area.

Why should I attend?

- Find out about the new Peer Support programme and Mind's plans.
- Meet others who are interested in getting involved in our work and discuss what you need to campaign locally.
- Join a discussion and listen to experts in peer support, people from Mind and local projects, the National Survivor User Network and local campaigners.

The events are open to everyone dealing with a mental health problem, those who are new to Mind's work and those that know us.

mind.org.uk

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for better mental health

Where and when are the events?

Taunton: **15 March 2012, 1.45pm – 4.45pm**
The Albemarle Centre, Albemarle Road, Taunton TA1 1BA

Birmingham: **21 March 2012, 1.45pm – 4.45pm**
Carrs Lane Church Centre, Carrs Lane, Birmingham B4 7SX

London: **22 March 2012 1.45pm – 4.45pm**
The Diana Princess of Wales Memorial Fund, The County Hall, Westminster Bridge Road, London SE1 7PB

Manchester: **28 March 2012 1.45pm – 4.45pm**
Friends Meeting House, 6 Mount Street, Manchester M2 5NS

Who shall I contact?

If you would like to come along please register for the event you would like to attend:

Taunton: **www.connectingmindstaunton.eventbrite.co.uk**

Birmingham: **www.connectingmindsbirmingham.eventbrite.co.uk**

London: **www.connectingmindslondon.eventbrite.co.uk**

Manchester: **www.connectingmindsmanchester.eventbrite.co.uk**

Mind will reimburse travel costs of up to £15 per attendee with proof of travel receipts claimed after the event.

If you have any questions or need further information please contact Mind at:

Email: engagement@mind.org.uk Tel: 020 8215 2218

We're Mind, the mental health charity. We're here to make sure anyone with a mental health problem has somewhere to turn for advice and support.

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